TOWN of
EAST FREMANTLE

Club / Group Sustainability Support: Act Belong Commit

The Town of East Fremantle is a proud Act-Belong-Commit partner.

"Act-Belong-Commit builds sustainable and meaningful partnerships between like-minded organisations who share a vision for a more mentally healthy WA. Together we raise awareness and encourage participation in activities that promote good mental health, strengthen individual resilience, reduce stigma associated with mental illness, and build more mentally healthy communities in WA."

Act-Belong-Commit

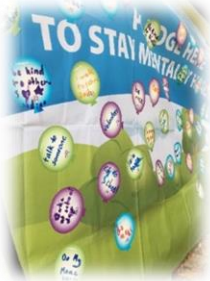
act belong commit
Mentally Healthy WA

https://www.actbelongcommit.org.au/

Why Should Clubs and Groups Partner with Act-Belong-Commit?

- Improve the mental health of members, participants &volunteers
- Gain more members & volunteers, plus increase participation
- Increase the reach of events & activities on a state-wide level
- Help de-stigmatise mental illness & change perceptions
- Create a sense of community connectedness

AND gain access to free merchandise which makes great giveaways!

A recent A-B-C partner survey showed that 69% of partner organisations noticed an increase in awareness regarding the need to stay mentally healthy and 60% noticed an increase in the overall mental health of their 'people'.

For more information call 9266 4648 or visit https://www.actbelongcommit.org.au/organisations.